

Kuperus Newsletter

November 2018

Driver Feature – Eric Fischvogt

If you are looking to learn how to play chess or to improve your game, challenge Eric Fischvogt to a game. He might be willing to give you a few pointers! Eric, a.k.a. Fisch, is a Chess Master and has won several titles including 2002 Michigan State Chess Champion. In addition to playing chess, Eric loves to go fishing, bike riding, and bowling. He also studies theology, church history, and doctrine.

Although Eric prefers to listen to classical music and hymnody today, he preferred listening to Bob Dylan, Jimi Hendrix, Led Zeppelin, the Beatles, and the Rolling Stones when he was growing up in Anderson, Indiana. He was an athlete in his early years and sustained extensive injuries to his knees, wrists, and shoulders which have resulted in multiple surgeries. Currently Eric is recovering from knee surgery and hopes to be back to work in a few weeks. Eric is very close to his two daughters who are 28 and 25 and both work in the medical field.

Eric got into the transportation industry because he has always enjoyed traveling, feels it pays well, and is comfortable being alone. We are happy that Eric has been a part of the Kuperus team since March of 2011.

Safe Winter Driving Tips

With winter weather starting, we want to remind you of some winter safe driving tips:

1. Make sure your vehicle is working properly. Pre-trip inspections are important.
2. Road salt and winter sludge tends to cover lights reducing visibility. Clear snow and ice from all windows, lights, hood, and roof making sure that the headlights and taillights are clean.
3. Listen to weather reports and allow extra time to reach your destination.
4. Slow down and reduce speed by 50% on slick surfaces.
5. Be aware of wind conditions and load weight.
6. Increase distance between other vehicles on the road and leave plenty of room for stopping.
7. Stock your vehicle with basic supplies like warm clothing, blankets, flashlights, extra food, bottled water, road flares, and a first aid kit.
8. Get plenty of rest and stay alert. Think safety first!



Thanksgiving Brought to Us by Truckers!



All of the ingredients that make up a traditional Thanksgiving dinner are transported by truck to grocery stores. How many big rigs does it take to make Thanksgiving dinner possible? An estimated 48 million turkeys are expected to be eaten. If each truck hauled 50,000 pounds of turkey, 14,400 trucks are needed. 65,050 trucks are needed for the 60 million boxes of stuffing, 750 million pounds of cranberries, and other sides. It takes about 500 trucks to deliver 25 million pounds of pumpkin for pumpkin pies. (Information from Open Road – Drivers Plan blog) Kuperus Trucking is thankful for our team of dedicated drivers. Thank you for all you do and keep up the good work!



Happy Birthday!

Dean McLellan

11/1



New Hire

Please give a warm welcome to Arlene Loe who began at the end of October. We're glad you're here Arlene!

Healthy Trucking Tips

It can be hard to eat healthy and find the time to exercise while out on the road. This section will feature health tips and links to videos of "healthy truckers". This month's health tip is finding healthy food at a truck stop. Even though truck stops are known for their unhealthy food, with a little searching healthy options can be found. See the video for some of this healthy trucker's recommendations.

<https://www.youtube.com/watch?v=fSbwGi1YAzU>

Driver Referral Bonus

Are you looking for some extra cash? If you refer a driver to us, you can earn \$1,000 (\$300 immediately and \$700 after the driver has worked for 90 days).

